

PART ONE (7 x 1 mark = 7 marks)

You are going to listen to seven radio excerpts related to health issues. For questions 1-7 match each extract to the most suitable heading from the list (A-J), as in the example 0-A. There are two extra headings that you do not need to use. You now have one minute to read the headings.

MARK

Seven news items

HEADINGS

- A. Americans are not eating healthily.**
- B. Healthy babies have a healthy adult life.**
- C. How to make surgery more effective.**
- D. Influence of current role models.**
- E. Massage can help fight disease.**
- F. Medication had a negative effect on a patient.**
- G. Quitting smoking made easier by surgery.**
- H. Risks of not using medicine to prevent illness.**
- I. Study reveals contradictory fact.**
- J. Study to find out about what people do and think about.**

EXTRACT	HEADING
0	A
1	
2	
3	
4	
5	
6	
7	

PART TWO (6 x 1 mark = 6 marks)

You are going to listen to an interview in which cellphone behavior is discussed. For questions 8-13, choose the most suitable answer, as in the example (0-B).

MARK

ARE YOU GUILTY OF PHONE SNUBBING?

0. Not so long ago, the whole family

- A. managed without a landline
- B. shared a landline**
- C. shared only one mobile phone

8. The presenter describes *phubbing* as

- A. a new way of socialising by means of gadgets
- B. ignoring somebody in favour of phones
- C. the severe dependence on mobile phones

9. In a restaurant, the guest witnessed how a couple

- A. only addressed each other to talk about apps
- B. preferred gadgets to chatting
- C. texted each other to communicate

10. Nobody has the right to

- A. ask somebody not to answer the phone
- B. complain about the interruptions caused by phone calls
- C. tell somebody to hang up

11. In female meetings, the woman paying the round is the one

- A. who first answers the phone
- B. who is first contacted by phone
- C. whose phone buzzes first

12. As regards children, the guest explains that these are

- A. losing the skills to prioritise
- B. receiving a bad example from parents
- C. sometimes considered secondary to gadgets

13. One way of disciplining our behaviour when in a social context could be

- A. making just one phone available
- B. setting an agreed limited duration on calls
- C. switching off all phones for a specific period of time

PART THREE (7 x 1 mark= 7 marks)

MARK

You are going to watch a video about eating habits. For questions 14-20 complete the blanks with a maximum of 3 words each, as in the example. You will hear the recording twice.

Flexitarianism

- 0. The average meat American people eat is47%..... of their diet.

- 14. Lindsey Toth states that this beef-heavy diet produces more than traffic.

- 15. We are not being asked to stop eating meat but to eat less.

- 16. Becoming a flexitarian would reduce your by 0.14 tons a year.

- 17. At *Greens*, cuisine revolves around vegetables on their own and they do not try to offer

- 18. Some benefits linked to eating less meat:
 - you eat less fat
 - you control your weight

- 19. At the end, the reporter remarks that if we eat meat there's nothing to

- 20. The chef describes flexitarians as quite open and as most of the time.