

PART ONE (7 x 1 mark = 7 marks)

You are going to listen to seven radio excerpts related to health issues. For questions 1-7 match each extract to the most suitable heading from the list (A-J), as in the example 0-A. There are two extra headings that you do not need to use. You now have one minute to read the headings.

MARK

Seven news items

HEADINGS

- A. Americans are not eating healthily.**
- B. Healthy babies have a healthy adult life.**
- C. How to make surgery more effective.**
- D. Influence of current role models.**
- E. Massage can help fight disease.**
- F. Medication had a negative effect on a patient.**
- G. Quitting smoking made easier by surgery.**
- H. Risks of not using medicine to prevent illness.**
- I. Study reveals contradictory fact.**
- J. Study to find out about what people do and think about.**

EXTRACT	HEADING
0	A
1	
2	
3	
4	
5	
6	
7	

PART TWO (6 x 1 mark = 6 marks)

You are going to listen to an interview in which cellphone behavior is discussed. For questions 8-13, choose the most suitable answer, as in the example (0-B).

MARK

ARE YOU GUILTY OF PHONE SNUBBING?

0. Not so long ago, the whole family

- A. managed without a landline
- B. shared a landline**
- C. shared only one mobile phone

8. The presenter describes *phubbing* as

- A. a new way of socialising by means of gadgets
- B. ignoring somebody in favour of phones
- C. the severe dependence on mobile phones

9. In a restaurant, the guest witnessed how a couple

- A. only addressed each other to talk about apps
- B. preferred gadgets to chatting
- C. texted each other to communicate

10. Nobody has the right to

- A. ask somebody not to answer the phone
- B. complain about the interruptions caused by phone calls
- C. tell somebody to hang up

11. In female meetings, the woman paying the round is the one

- A. who first answers the phone
- B. who is first contacted by phone
- C. whose phone buzzes first

12. As regards children, the guest explains that these are

- A. losing the skills to prioritise
- B. receiving a bad example from parents
- C. sometimes considered secondary to gadgets

13. One way of disciplining our behaviour when in a social context could be

- A. making just one phone available
- B. setting an agreed limited duration on calls
- C. switching off all phones for a specific period of time

PART THREE (7 x 1 mark= 7 marks)

MARK

You are going to watch a video about eating habits. For questions 14-20 complete the blanks with a maximum of 3 words each, as in the example. You will hear the recording twice.

Flexitarianism

0. The average meat American people eat is47%..... of their diet.
14. Lindsey Toth states that this beef-heavy diet produces more than traffic.
15. We are not being asked to stop eating meat but to eat less.
16. Becoming a flexitarian would reduce your by 0.14 tons a year.
17. At *Greens*, cuisine revolves around vegetables on their own and they do not try to offer
18. Some benefits linked to eating less meat:
- you eat less fat
- you control your weight
19. At the end, the reporter remarks that if we eat meat there's nothing to
20. The chef describes flexitarians as quite open and as most of the time.